

— Winter HVAC Checklist —



Winter can be tough on your HVAC system. Avoid costly repairs and cold, uncomfortable nights by running through our winter HVAC maintenance checklist! This handy guide offers directions for winter HVAC tasks ranging from turning on your heating system to ensuring excellent energy efficiency.

Winter Indoor Air Quality

Maintain healthy indoor air quality during the long winter months by focusing on these common seasonal challenges:

- Combat dry winter air with a humidifier.
- Reduce pollution from heating sources by making sure vents work correctly and filters are clean.
- Improve poor air circulation with ceiling fans.
- Remove germs and pollutants from the air with an air purifier.

Turning On Your Heater for the First Time in the Winter

Start your electric heater or gas furnace safely by following these steps:

- Set your thermostat to “Heat.”
- Turn on the power at the circuit breaker.
- Turn the heating system on.
- Listen, watch...and smell. If you smell burning rubber or metal, power off the furnace and contact a professional HVAC technician.
- Check your thermostat settings.

Before You Turn on the Heat

Make sure you cross these three items off your winter to-do list:

- Replace your air filter.
- Clear obstructed vents.
- Schedule a winter HVAC tune-up.

Winter Efficiency Tips

Use these tips to improve your HVAC energy efficiency this winter:

- Inspect and seal windows and doors.
- Install and use a smart thermostat.
- Close off unused fireplaces.

What Is the Most Energy Efficient Temperature for Winter?

According to Energy Star, the most energy-efficient setting for your thermostat in winter is **68 degrees** Fahrenheit when you're home. To save money, you can use a smart thermostat or manually lower the temperature to 60-65 degrees Fahrenheit for times when you're away.